



A place to connect. A place to thrive.		2024		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 Coffee Hour 11:00 <i>Tai Chi w/Nathan</i> 12:00 Lunch 12:00 Mahjong 2:00 Guitar & Ukulele Lessons ON THIS DAY IN1972 The #1 Hit was The Temptations Papa Was A Rolling Stone	8:30 S.A.I.L. Exercise 9:00 Coffee Hour 12:00 Lunch 12:30 Yarn & Needle Group #GIVING TUESDAY A Day When the World Comes Together to Give	9:00 Coffee Hour 9:00 Beginning Oil Painting 10:00 Music & Movement w/Melanie 10:30 Wii Bowling 11:00 Duplicate Bridge 11:30 DLO "China Buffet" 12:00 Lunch 5:30 CYCLING WITHOUT AGE	5 8:30 S.A.I.L. Exercise 9:00 Coffee Hour 10:30 ShoGo Mobile 12:00 Lunch "Elvis may be the King of Rock and Roll, but I am the Queen." HAPPY BIRTHDAY LITTLE RICHARD BORN December 5th, 1932 DIED 2020 (aged 87)	9:00 Coffee Hour 9:30 Line Dancing 10:00 Mahjong 11:00 <i>Tai Chi w/Nathan</i> 11:30 Toastmaster's 12:00 Lunch What kind of bull doesn't have horns? A bullfrog!
9 9:00 Coffee Hour 11:00 Tai Chi w/Nathan 11:30 Blood Pressure Screening w/Melanie 12:00 Mahjong 12:00 LUNCH & LEARN W/MELANIE 2:00 Guitar & Ukulele Lessons HOLIDAY CRAFT BAZAAR BROOKLETTS PLACE CRAFTERS DEC 10TH THRU THE 12TH	8:30 S.A.I.L. Exercise 9:00 Coffee Hour 10:00 Crafting with Tonia 12:00 LUNCH W/ALLEGRA! Women's Chorus 12:30 Yarn & Needle Group TALBOT ARTS	8:30 Commission on Aging 9:00 Coffee Hour 9:00 Beginning Oil Painting 10:00 Music & Movement w/Melanie 10:30 Wii Bowling 11:00 Duplicate Bridge 12:00 Lunch HOLIDAY CRAFT BAZAAR BROOKLETTS PLACE CRAFTERS DEC 10 TH THRU THE 12 TH	8:30 S.A.I.L. Exercise 9:00 Coffee Hour 10:30 ShoGo Mobile 12:00 LUNCH W/GENE EDWARDS REVIEW HOLIDAY CRAFT BAZAAR BROOKLETTS PLACE CRAFTERS DEC 10TH THRU THE 12TH	9:00 Coffee Hour 9:30 Line Dancing 10:00 Mahjong 11:00 Tai Chi w/Nathan 12:00 Lunch 12:00 Poetry at Noon How does a penguin build a house? Igloos it together.
9:00 Coffee Hour 11:00 Tai Chi w/Nathan 12:00 LUNCH & LEARN W/DSS 12:00 Mahjong 2:00 Guitar & Ukulele Lessons Why did the kid cross the	8:30 S.A.I.L. Exercise 9:00 Coffee Hour 12:00 <i>Lunch w/DJ Chuckie</i> 12:30 Yarn & Needle Group DECEMBER BIRTHSTONE	9:00 Coffee Hour 9:00 Beginning Oil Painting 10:00 Music & Movement w/Melanie 10:30 Wii Bowling 11:00 Duplicate Bridge 12:00 Lunch	19 8:30 S.A.I.L. Exercise 9:00 Coffee Hour 10:00 Elder Law Clinic 10:30 ShoGo Mobile 10:30 Christmas Luncheon at Delmarva Community Services 12:00 Lunch	9:00 Coffee Hour 9:30 Line Dancing 10:00 Mahjong 11:00 <i>Tai Chi w/Nathan</i> 11:30 Toastmaster's 12:00 Lunch

Why did the kid cross the playground?

To get to the other slide!





ON THIS DAY IN 1843 Charles Dicken's A Christmas Carol novella is published. It is one of the most well-known stories of all time.



9:00 Coffee Hour 11:00 Tai Chi w/Nathan 12:00 Lunch

12:00 Mahjong 2:00 Guitar & Ukulele Lessons

Where do horses live? In neigh-borhoods!

8:30 S.A.I.L. Exercise 9:00 Coffee Hour 12:00 Lunch 12:30 Yarn & Needle Group



25



HAPPY HANUKKAH EVE OF DEC 25TH - JAN 2ND 26

8:30 S.A.I.L. Exercise 9:00 Coffee Hour 10:30 ShoGo Mobile 12:00 Lunch

HAPPY KWANZAA DEC 26TH - JAN 1



9:00 Coffee Hour

9:30 Line Dancing 10:00 Mahjong 11:00 Tai Chi w/Nathan 12:00 Lunch



30

9:00 Coffee Hour 11:00 Tai Chi w/Nathan 12:00 Mahjong 12:00 Lunch 2:00 Guitar & Ukulele Lessons



31 8:30 S.A.I.L. Exercise 9:00 Coffee Hour 11:00 Positive Music w/DJ Randy P 12:00 Lunch

> This year went time to lose

> > COFFEE AND JELLY BEANS

by so fast didn't have weight



VISIT US ON OUR WEBSITE:

www.brooklettsplace.org

VISIT US ON FACEBOOK AT BROOKLETTS PLACE - TALBOT **SENIOR CENTER**



BROOKLETTS PLACE - TALBOT COUNTY SENIOR CENTER - DECEMBER 2024 400 BROOKLETTS AVENUE * EASTON, MD 410-822-2869

OUTINGS & EVENTS:

Wednesday, December 4 - (11:30 a.m. - 1:00 p.m.) Dutch Lunch Out "CHINA BUFFET" 8223 Elliot Road, Easton, MD Bus will leave Brookletts Place 11:15 a.m. and return 1:15 p.m. Advance signup is required as space is limited.

Wednesday, December 4 – (5:30 p.m. – 6:30 p.m.) CYCLING WITHOUT AGE – Join us for a Short Film about the power of feeling the wind in your hair, no matter where you are on life's journey! This event is FREE with Discussion to follow. Sponsored by TalbotThrive Learn more at: TalbotThrive.org/CyclingWithoutAge

Monday, December 9 - (12:15 p.m. - 1:00 p.m.) Lunch & Learn w/Melanie. University of Maryland Shore Regional Health presents: Medication 101 with Melanie. Join Melanie Chapple, Pharm-D, transitions pharmacist at the Easton, Dorchester & Chestertown hospitals of Shore Regional Health as she gives tips on medication safety, medication organization and cost savings. A two-week advance sign-up is required for lunch.

Tuesday, December 10th through Thursday, December 12th (10:00 a.m. – 1:00 p.m.) Come do some Holiday Shopping during our "HOLIDAY CRAFT BAZAAR FEATURING OUR BROOKLETTS PLACE CRAFTERS"

Tuesday, December 10 - (12:15 p.m. - 1:00 p.m.) Carpe Diem Arts presents ALLEGRA! WOMEN'S CHORUS - Is a prestigious 16 voice choir conducted by Amy Morgan. Their holiday performance will include fresh arrangements of carols dating as far back as the 14th century to modern compositions, in addition to the traditional favorites. Made possible by the generous support of the Talbot County Arts Council with revenues provided by the Maryland State Arts Council, the Mid-Shore Community Foundation (MSCF), Dock Street Foundation, Artistic Insights Fund, Brookletts Place, and by individual contributions to Carpe Diem Arts Outreach Fund c/o MSCF. A twoweek advance sign-up is required for lunch or you may bring your own.

Thursday, December 12 - (12:00 p.m. - 1:00 p.m.) Lunch/Music with Gene Edwards Review digital keyboard and vocal music, featuring a full array of amazing hits. Advance sign-up for lunch required 2 weeks in advance or you may bring your own lunch.

Monday, December 16 – (12:00 p.m. – 1:00 p.m.) Lunch & Learn w/DSS. Come join us for lunch and learn more about the Talbot County

Dept Social Service (TCDSS) Come with your questions, concerns, etc. A two-week advance sign-up is required for lunch or you may

Tuesday, December 17 - (12:00 p.m. - 1:00 p.m.) Lunch w/DJ CHUCKIE Come out and enjoy the sounds of DJ Chuckie. A 2 week advance sign-up for lunch is required by Dec 3rd or you may bring your own lunch.

Thursday, December 19 - (10:30 a.m. - 1:30 p.m.) Christmas Luncheon at "Chesapeake Grove Intergenerational Center" DelMarVa Community Services, Cambridge. Advance sign-up is required by December 5th as space is limited. Bus scheduled to leave senior center by 10:30 a.m.

UPCOMING TRIPS: 2025/2026 Travel Log will be available soon!! Please visit our website www.brooklettsplace.org

"NEW" Sunday May 4 - Saturday May 10, 2025

St. Augustine, Amelia Island & Jacksonville, FL

7 Days/6 Nights Bus trip \$1200.00 per person double occupancy \$1600.00 single occupancy. Package includes: 6 Nights lodging (includes 2 overnight stops), 6 Breakfasts, 4 Dinners including Alhambra Dinner Theater. Tour of St. Augustine, Amelia Island & Jacksonville. Visit to Kingsley Plantation, Fernandina Beach & American Beach. Perimeter Tour of Castillo de San Marcos. Admission to Ponce de Leon's "Fountain of Youth". Sightseeing cruise on St. John River, visit to Spanish Quarter & St. George Street. Luggage handling in Florida and Souvenir gift. All taxes and gratuities are included. Motorcoach transportation. DEPOSIT OF \$150.00 per person is DUE ASAP WITH FINAL **PAYMENT DUE BY MONDAY MARCH 3, 2025**

FREE PROGRAMS: Advance sign-up requested for most programs – PLEASE NOTE – IF YOU SIGN UP FOR ANY OF THE FREE PROGRAMS THAT HAVE SPACE LIMITATIONS AND ARE UNABLE TO ATTEND, PLEASE BE COURTEOUS AND CALL TO LET US KNOW

BECAUSE SOMEONE ELSE CAN BE PUT IN YOUR SLOT. ADDITIONALLY IN SOME CASES A FEE MAY APPLY FOR NO SHOWS!!

> Tuesdays and Thursdays (8:30 a.m. – 9:30 a.m.) HEALTHY LIVING FOR OLDER ADULTS—SAIL (Stay Active & Independent for Life) Advance

- registration is required as space is limited.
- Every Wednesday (10:00 a.m. 11:00 a.m.) Music & Movement With Melanie Come sing & play along to familiar favorites. Enjoy music therapy, chair yoga, cardio drumming and many more activities that bring us together with shared experiences. Advance sign-up is required as
- Tuesday, December 10 (10:00 a.m. 11:00 a.m.) Join us for Crafting with Tonia "CANDY CANES". Limited to 10 participants Advance signup is required.
- Thursday, December 19 (10:00 a.m. 1:00 p.m.) Elder Law Clinic Attorneys will be present (by appointment only) to discuss legal issues pertaining to seniors to include: Elder Abuse, Adult Guardianship; homeowner and consumer related issues and much, much, more. Contact Shore Legal Assets (previously known as Mid-Shore Pro Bono) at 410-690-8128 for an appointment or additional information.

 <u>Tuesday, December 31</u> – (11:00 a.m. – 12:00 noon) "Positive Music w/DJ Randy P". Reduce your weekly stress by enjoying a fun, safe, and
- positive musical experience in a motivational environment.

SELF-PAY CLASSES: SPACE AVAILABLE IN ALL CLASSES.

- Advance Beginners Watercolor Every Monday (11:00 a.m. 1:00 p.m.) \$50.00 per 4 week session. New students are welcome, contact Diana Evans, Instructor 443-239-0657 NO CLASS IN DECEMBER WILL RESUME CLASS JANUARY 2025
- Guitar and Ukulele Lessons with Chuck of Mike Elzey Guitar Monday at 2:00 p.m. \$5.00 per session
- Beginning Oil Painting Every Wednesday (9:00 a.m. 12:00 p.m.) \$5.00 per hour. NO CHARGE for SUPPLIES for first three sessions. New students are welcome. Contact Jane Bollman, Instructor at 410-770-8611 or bollman@goeaston.net for additional information or to register.
- <u>Tai Chi W/Nathan</u> Every Monday & Friday (11:00 a.m. 12:00 p.m.) You will be introduced to the lifestyle wellness system of Taijiquan, which has promoted the health of millions around the world for a long time. People have experienced their balance improving, their respiratory and cardiovascular health improved, connection with new friends expanded, better sleep, and mental focus. Comfortable clothing and sneakers recommended. \$8.00 per-person per class

OTHER PROGRAMS:

- Blood Pressure Screening 2nd Monday (11:30 a.m. 12 noon) Subject to change.
- Yarn & Needle Group Every Tuesday 12:30 p.m. If you knit, crochet, needlepoint, felt or weave, this is the Gathering for you. Practice your craft and bring your skills to others for a hour or two. No registration necessary, just drop in. Call 410-822-2869 for more information.
- Video (Wii) Bowling Every Wednesday 10:30 a.m. in the TV Room. COME JOIN THE TEAM. NEW MEMBERS ARE WELCOM
- Sho Go Mobile is bringing the market to Talbot Senior Center, Thursdays 10:30 am to 11:30 am. The bus will be stocked with fresh produce, soup, salad & sandwiches from Shore Gourmet! Make sure to take advantage of the convenience of our mobile market!

 <u>Elder Law Clinic</u> – Every 4th Thursday 10:00 a.m. – 1:00 p.m. <u>BY APPOINTMENT ONLY</u> Contact Shore Legal Assets (previously known as Mid-
- Shore Pro Bono) at 410-690-8128
- Poetry at Noon Every 2nd Friday